

# Emotional Intelligence (EI) Sessions

## 21st Century Teaching and Leading

BY KATHY WALKER AND SHONA BASS



Emotional Intelligence (EI) strategies and thinking provides a rich, exciting and empowering range of ways in which to more effectively work alongside and communicate with others personally and in the workplace. These sessions provide opportunities for staff, principals, leading teachers, early childhood practitioners, parents, directors and any personnel involved in early childhood and primary years of education. Enrol now for one or multiple sessions – we highly recommend attending the first introductory session as this is the foundation for the other sessions. Sessions will be at the Australian Institute of Management from 1-4pm – details over page

# EMOTIONAL INTELLIGENCE (EI):

1:00 pm–4:00 pm: Afternoon tea provided

## 1. Introduction to Emotional Intelligence (EI): EI Personal / Professional Growth and Understanding

24th February

This session is recommended as a first session before enrolling in any of the other sessions. This session is an overview of emotional intelligence and how it can empower our own understandings, interactions, relationships, and personal / professional growth. It includes practical applications, strategies and workshops.

## 2. EI and Effective Communication

4th May

This session provides the key elements of EI with specific and practical relevance to communication. How to communicate in disputes, disagreements, conflicts, and presentations with parents, colleagues, teams and children.

## 3. EI and Effective Leadership

27th July

This session provides the key elements of EI with specific and practical relevance to leadership. What key effective leadership skills can create motivation and direction with staff and parents and how do you create resonance with staff? How to lead with inspiration!

## 4. EI and Effective Interactions and Relationship Building with Children

17th August

This session provides the key elements of EI with specific and practical relevance to relationship building and interacting with children in early childhood and primary grades to grade 6. Strategies include building trust, engagement, motivation and positive behaviours.

## 5. EI and Effective Relationship Building to Work with Colleagues and Team Members

2nd November

This session provides the key elements of EI with specific and practical strategies related to work place relationships, team dynamics, building a productive team with high levels of output and assisting with challenges within teams.

**COST** \$120 including afternoon tea.

**TIME** 1:00pm to 4:00pm

### VENUE

All professional development will be at Australian Institute of Management, 181 Fitzroy St, St Kilda, VIC (03) 9534 8181. Parking available; (i) meter parking on Fitzroy St (ii) discount parking at Regal Parking \$5 per day.

### BOOK

Online via the bookings menu at [www.earlylife.com.au](http://www.earlylife.com.au) or [www.walkerlearning.com.au](http://www.walkerlearning.com.au) - call the office (03) 9523 5595 for more information.

### CANCELLATION POLICY

A minimum of 10 working days notice prior to the session date is required to cancel or reschedule a registration: credits can be used for (i) another person to attend the session or (ii) another session in the same calendar year.

**Full costs will be incurred for cancellations less than 10 working days prior to session date.**

## EARLY LIFE FOUNDATIONS

Telephone (03) 9523 5595

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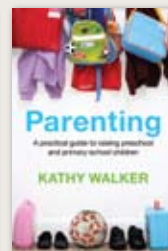
[www.earlylife.com.au](http://www.earlylife.com.au)

[www.walkerlearning.com.au](http://www.walkerlearning.com.au)

Early Life Foundations and the Walker Learning Approach provide evidence based practice.

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Visit our website's for more information related to professional development opportunities for early childhood educators, parent support, literature, lists of schools implementing the approach, WLA accredited teachers and much more!